

SS WHITE® Endodontic File System

ExactGuide Treatment Protocol

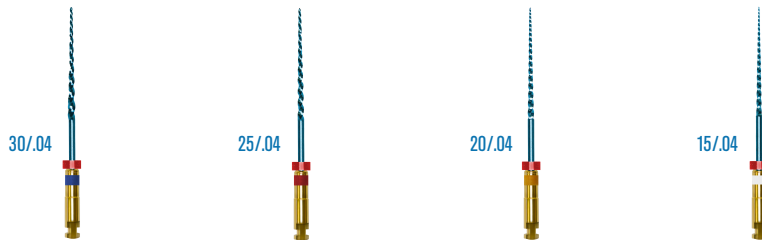
Create Straight-Line Access

Establish working length and create a glide path for ExactGuide™ rotary files to follow: Negotiate all root canals to their terminus with K-Files, in the presence of lubricant root canal conditioner. Establish patency by taking a #10 K-File past the canal terminus, and at least a #15 K-File to the terminus.

Shape Canal-Crown Down

Initiate Crown Down cleaning and shaping technique –

1. In small canals (mesials/buccals of molars, small premolars and lower anteriors) start with a 30/.04 rotary file. Take 30/.04 to resistance or working length (whichever occurs first). If resistance is encountered before working length is obtained, go to next smaller instrument following the same protocol until working length is achieved.



2. Between each rotary file recapitulate with a #10 or #15 tip hand file to maintain glide path and help irrigate (NaOCl) to the canal terminus.
3. In larger canals (palatal/distals of molars, larger premolars, upper anteriors) begin with a 40/.04 rotary file. Use the crown down technique to resistance or working length. If resistance is encountered before working length is achieved, move on to smaller sized instruments until working length is achieved. Between instruments, recapitulate with small hand instrument to maintain a glide path to working length

Technical Information

ExactGuide™ .04 Taper Files

White	15/.04
Yellow	20/.04
Red	25/.04
Blue	30/.04
Green	35/.04
Black	40/.04
White	45/.04
Yellow	50/.04

ExactGuide™ .06 Taper Files

White	15/.06
Yellow	20/.06
Red	25/.06
Blue	30/.06
Green	35/.06
Black	40/.06
White	45/.06
Yellow	50/.06

File Sterilization

· Files are non-sterile products. – Autoclave before use

· 136°C (plus or minus 2°C) for 20 minutes.

· ExactGuide™ Files are single patient use devices

ExactGuide™ Speed and Torque Recommendations

.04 Taper Files		
File Size	File Size Speed (rpm)	Torque (g-cm)
15/.04 & 20/.04	500	75
25/.04 & 30/.04	500	104
35/.04 & 40/.04 45/.04 & 50/.04	500	132
.06 Taper Files		
File Size	File Size Speed (rpm)	Torque (g-cm)
15/.06 & 20/.06	500	195
25/.06 & 30/.06	500	290
35/.06 & 40/.06 45/.06 & 50/.06	500	368